

LEAD the Way: Speak Out and Make Change

Resource Fair

Check out community organizations and services available in San Joaquin County. Informative handouts and web links available for each agency on the Resource Fair page at www.camhpro.org/resource-fair.

Virtual Lobby

Meet with peer staff and other attendees to ask questions, get to know each other, or to just take a break with others during the conference. This is an open chat Zoom room. Click on link on Summit webpage, or use Zoom link: <https://us02web.zoom.us/j/85804603637>, Zoom ID 858 0460 3637

Technical Support

For questions about how to access the online Zoom rooms or to navigate the website, reach out to our partners from Painted Brain at 818-930-6621, Rashawn.morris@paintedbrain.org.



Workshops

Your Advocacy Makes a Difference

<https://us02web.zoom.us/j/82796663415> (Main Auditorium Zoom Room)

- **Sally Zinman**, Executive Director of CAMHPRO
- **Robyn Gantsweg**, Disability Rights California

Information, tools, and strategies on effectively impacting behavioral health policy, planning, and services. Explore methods for self-advocacy and being an effective advocate and meaningfully participating in systems change.

Storytelling Changes Minds

<https://us02web.zoom.us/j/85264325700>

- **Michael Fields**, Executive Director of Peer Recovery Services

Storytelling, targeted sharing of lived experiences, is a strong advocacy tool. Stories are one of the most effective ways to impart information and to educate others about issues that matter. This workshop will demonstrate the art of storytelling and show its effectiveness.

Wellness & Recovery Action Plan (WRAP)

<https://us02web.zoom.us/j/85491801927>

- **Karen Walker**, Certified Peer Recovery Coach, Manager at Manteca Wellness Ctr.

Join a discussion on The Wellness Recovery Action Plan (WRAP®) - a personalized wellness and recovery system born out of and rooted in the principle of self-determination.

Evaluations

Please take a few minutes to complete the evaluation survey to help us with our reporting on the event. Gift card given upon completion of survey. Click on Evaluation Survey Link on the Summit webpage or

<https://www.surveymonkey.com/r/HDNC9BF>



SUMMIT

San Joaquin County



LEAD the Way!
Speak Out and Make Change!

Click on link at

www.camhpro.org/lead-summit

Free

Virtual Conference
10 a.m. to 2:30 p.m.
TUESDAY AND WEDNESDAY

March 30-31
2021



The Wellness Center
of San Joaquin County
Funded by San Joaquin County Behavioral Health Services
Manteca Wellness Center
Funded by Dignity Health Community Foundation



LEAD is a program of the California Association of Mental Health Peer-Run Organizations (CAMHPRO) and is funded through the Mental Health Services Oversight and Accountability Commission (MHSOAC).



Day One: Tuesday, March 30, 2021

Speak Out: Peer community express their needs



- 10 a.m. **Summit Adventure Begins**
Explore: Resource Fair, Virtual Lobby, Technical Support
Icebreaker with Painted Brain
- 10:30 a.m. **Welcome Message**
Sally Zinman, Executive Director of CAMHPRO
Michael Fields, Executive Director of Peer Recovery Services
- 10:45 a.m. **Speak Out: A Personal Story — Troia Cephas**
- 10:55 a.m. **Special Address:**
-Tony Vartan, Director of San Joaquin Behavioral Health
Keynote Speaker: The Importance of Speaking Out
Zuleima Houtekamer-Abid, Mental Health Advocate & Community Organizer
San Joaquin County Behavioral Health leaders will stress the major roles peers must have in the envisioning, development and implementation of local and state mental health policies and programs. Peers “speaking out” are change agents who lead the way to quality health services and supports.
- 11:20 a.m. **Panel Presentation: Identify and Prioritize Community Needs**
Virginia Wimmer, Troia Cephas, Anita Perez, Isabel Sandoval
Explore the results and issues from five Listening Sessions hosted in San Joaquin County during which peers gathered to explore, discuss, and prioritize their needs and ideas.
- 12:30 p.m. **Break/Entertainment— 1 Degree of Separation—Brad Bonar Jr.**
- 1 p.m. **Discuss Community Needs— Breakout Rooms**
Expand on the needs and topics expressed by the Listening Session panelists. There will be an online survey on the Summit webpage, camhpro.org, that will be open throughout the Summit for participants to vote on their highest priorities among these identified needs.
- 2 p.m. **Preview of Day #2**
Meet and Greet: Local Resources and Organizations
Resource Fair service providers answer questions and describe their services to participants.
- 2:30 p.m. **End of Day #1**

Day Two: Wednesday, March 31, 2021

Make Change: Advocacy and collaboration, tools and resources



- 10 a.m. Explore: Resource Fair, Virtual Lobby, Technical Support
Icebreaker with Painted Brain
- 10:30 a.m. **Welcome Message**
Andrea Wagner, Program Manager of LEAD
Michael Fields, Executive Director of Peer Recovery Services
- 10:45 p.m. **Make Change: A Personal Story — Karen Walker**
- 10:55 a.m. **Special Address:**
-Tony Vartan, Director of San Joaquin Behavioral Health
Keynote Speaker: Realizing Your Goals Through Advocating
-Thurnell Clayton, Retired Mental Health Specialist III
The next step, after identifying your goals, is advocacy to make them happen. The presenter will review evidence that advocacy makes a difference and describe components of advocacy that are effective. Advocacy has changed the landscape and has the potential to transform the mental health system more.
- 11:20 a.m. **Panel Presentation and Q & A: Collaboration Gets Things Done**
Peter W. Ragsdale, Executive Director, Housing Authority of SJC
Supervisor Kathy Miller, District 2
Tasso Kandris, Behavioral Health Board President
Gertie Kandris, Legislative Advocate
Angelo Balmaceda, San Joaquin County MHSa Coordinator
This is an opportunity for leaders to hear from and collaborate with their peer constituents to improve mental health services.
- 12:30 p.m. **Break/Entertainment— 1 Degree of Separation —Ellis Rodriguez**
- 1 p.m. **Workshops (See descriptions on back of program.)**
* Your Advocacy Makes a Difference
* Storytelling Changes Minds
* WRAP
- 2 p.m. **Review Priority Poll**
Meet and Greet: Local Resources and Organizations
Resource Fair service providers answer questions and describe their services to participants.
- 2:30 p.m. **End of Summit**

Go to camhpro.org/lead-summit, OR go to Zoom Room Link: <https://us02web.zoom.us/j/82796663415>