

## INDIVIDUAL Peer Action League (PAL) Member APPLICATION

Thank you for your interest in becoming a CAMHPRO PALM. This is a wonderful opportunity to be part of the Peer Action League (PAL) that could change your life and contribute to changing the lives of many thousands of other Californians too.

CAMHPRO is looking for diverse peers interested in becoming ACTIVE in promoting behavioral health services that are multi-cultural, peer-driven, recovery, resilience and wellness-based.

### QUALIFICATIONS to become a Peer Action League Member (PALM) are:

1. You MUST self-identify as a person with LIVED EXPERIENCE of behavioral health (mental health &/or substance use/abuse) challenges in recovery.
2. You MUST agree to uphold CAMHPRO's Public Policy Principles. Please REVIEW this 1-page document before answering the questions, by clicking on this link: <https://camphro.files.wordpress.com/2016/07/letterhead-public-policy-principles.pdf>
3. You agree to attend online or in-person (annual, regional) forums which will provide knowledge on evidence and value-based behavioral health services, and to hone your skills as an effective advocate, as needed.
4. You actively participate in one of three PAL Action Committees (1. Peer Workforce, 2. Cultural, Ethnic, Racial Equity, or 3. Public Policy). Each Committee meets online seven times each year. There may be additional subcommittee workgroups, as needed.
5. You periodically attend Quarterly PAL meetings online to learn about PAL progress, challenges, strategies to overcome barriers and to give your valued input to our peer community.
6. You consider becoming a PALM Liaison-- as a member of a key State policy decision-making body.

*Note: Estimated time commitment each month: 3-6 hours/month.*

- YOU CAN quickly complete this application in SurveyMonkey online at this link: <https://www.surveymonkey.com/r/INDIVIDUAL-PAL-APP> or use QR code

OR complete application that follows,

- Then scan it, attach it to email, and email to [sallyzinman@gmail.com](mailto:sallyzinman@gmail.com)
- OR drop it in the mail to the address just below, attention to Sally Zinman.





## APPLICATION

\*Questions with an ASTERISK require an answer.

### Question 1

\*1. Do you self-identify as a person with LIVED EXPERIENCE of behavioral health (mental health &/or substance use/abuse) challenges in recovery?

- YES
- NO--This disqualifies you

### Question 2

\*2. Do you agree with CAMHPRO's Public Policy Principles, and will you uphold these principles when representing PAL? (Link to 1-page Principles is above)

- YES
- NO-This disqualifies you

### Question 3

\*3. Are you WILLING to participate in monthly, or quarterly PAL online meetings, or to become a PAL Liaison member of key State policy decision-making body?

- Yes
- NO
- NOT SURE

### Question 4

4. On which Committee(s) are you WILLING to ACTIVELY work?

- PAL Peer Workforce Committee
- PAL Cultural, Ethnic, Racial Equity Committee
- PAL Public Policy Committee
- Other: PALM Liaison as member of Key State Policy Body
- Not sure yet

### Question 5

5. Will you attend some online trainings and annual regional onsite forums on advocacy and peer best practices?

- Yes
- NO

UNSURE

**Question 6**

\*6. What is your First and Last name?

**Question 7**

\*7. At what email address would you like to be contacted?

**Question 8**

8. What is the best phone number to reach you?

**Question 9**

\*9. What COUNTY & CITY or TOWN do you live in?

**Question 10**

10. If you work, volunteer or study please tell us your JOB TITLE & AGENCY or your SUBJECT of STUDY & WHERE you are studying.

**Question 11**

12. Do you have any SUBJECT MATTER EXPERTISE? If so, what is it?

**Question 12**

13. Do you have any comments?

**THANK YOU!**